

— *christian* —

ADULT EDUCATION

— *& Core Groups* —



Course Description Booklet

Spring 2018



RANCHO BERNARDO
COMMUNITY PRESBYTERIAN CHURCH

Adult Education Classes

Greetings!

We are so glad that you are interested in learning more about what we offer for Adult Christian Education and Discipleship. Not too long ago I was driving down the 163 when a woman passed me and I noticed that she had a bumper stick on her back window which said something about Jesus. I sped up and pulled in behind her with my big truck to see what the sticker said. I had to move up close to read the sticker. If she had break checked me, I would have been sitting in her back seat, with a cup of coffee and cookie, having a nice chat with her.



This is what her sticker said, “Do you follow Jesus this closely?” I backed off, but it did get me thinking about our church and the New Year ahead. It may not be a good idea to follow a car that close, but it gives us a good question to ask ourselves in the new year. “How closely do we follow Jesus?”

In Hebrews 2:10–18, the author tells us that Jesus humbled himself and became like us. Theologically known as the “incarnation” a Latin word literally meaning “clothed in flesh.” It is exactly what we celebrated this past Christmas, and you may know Him a bit better as “Immanuel,” meaning “God with us.” The Bible teaches us that God has drawn close to us through Jesus Christ, who specifically brings us to salvation, by being a merciful and faithful mediator between us and God, and walks with us through life’s ups and downs.

Christ is very close to us. So, the question isn't, "Is Jesus close to us?" but rather, "Are we close to him?"

In order for us to follow Jesus closely, we need to learn more about the Bible and the Christian faith. This booklet lists many of the opportunities that RBCPC gives you to draw closer to Christ.

I am excited that we can offer these classes and groups, and look forward to many more classes and groups in the future. I want to encourage you to take a class and join a Core Group, so you can learn more about Jesus.

With the New Year it is certainly a wonderful time to begin a New Day in class!

If you have a question, would like to learn more about any of these classes, or just like to talk with me about Jesus, please contact me at john@rbcpc.org or 858.444.7666.

I bid you Peace,

Rev. John M. Scholte
Pastor of Adult Christian
Education & Discipleship



Adult Education



Adult Education Classes

RBCPC 100

Your Personal Journey to a Meaningful Prayer Life



Tuesdays, Feb. 13 – March 20 | 6:30–7:45 pm
Library

Instructors: Barbara Bennett & Various Members of RBCPC's Prayer Team

Course Description:

Each of us is uniquely created to be in relationship with God the Father. Whether you realize it or not, He is pursuing you to join Him in conversation through PRAYER. This class provides an opportunity and a safe place to explore prayer with other believers. Come, join us and watch as the Lord God transforms your prayer life.



Sue Benter: 760.781.1054
Susan Pliner: 858.673.7737

RBCPC 200 - The Biblical View of Pop Culture



Wednesdays, Feb. 28–March 30 | 6:30–7:45 pm
Dormer (Upstairs)

Instructor: Rev. John M. Scholte

Course Description:

This class will examine what the Bible says about the human condition in light of what our popular culture portrays through various genres including social media, film, television, literature, art and the like.



Pastor John Scholte
john@rbpc.org or 858.444.7666

Adult Education Classes

RBCPC 100

Biblical Perspectives on Emotional Wellness



Thursdays, Jan. 18, Feb. 8, March 15 | 6:30 pm
Lower Fireside

*Instructors: Carolyn Klusmeier & Lianne Wilson
Registered Associate Marriage & Family Therapists*

Course Description:

Each evening will explore a different theme. Each class is self-contained so you can attend one or all three.

Anger (Jan. 18): Join us for an evening to explore the different facets of anger. Learn how to recognize anger in yourself and others. Learn some tools that help frame anger into constructive ways of coping with families and the world around you.

Healthy Helpers (Feb 8): This evening is for those who are caring for a loved one, in a helping profession, a parent, or someone who generally struggles to prioritize self-care while caring for others. Join us for a night of nurture, self-exploration, and learning about God's heart for this important area.

Shame (March 15): Join us for an evening to look at shame, how it is different from guilt, and explore where it shows up in our lives. The key to defeating shame is to unmask it and identify it for what it is instead of giving it power to work in the dark places of our lives.



Pastor John Scholte
john@rbpc.org or 858.444.7666

RBCPC 100 Mindfulness: A 12-Step Approach



Thursdays, March 1-22 | 6:30–8:00 pm
Gallery Annex

Instructor: Irene Dunny

Main Text: The Life Recovery Bible (NIV) - Zondervan

Course Description:

This is a practical overview which addresses our self-defeating habits in three dimensions: physical, mental, and spiritual. This class will not be conducted as a 12-Step meeting. Over a span of four weeks, we will uncover three steps each week. Each of these steps will unpack each dimension, and all of their components, in a way that brings balance to everyday living. This course will assist you with tools to encourage “mindful” living. Irene Dunny has been a participant in 12 Step Programs for 40 years. As she leads the class through the structure of the program, she will enhance your understanding with her personal experiences along the way. Be ready to gain some practical ways to bring about meaningful change and a deeper “mindfulness” in your walk with God and life in the world.



Irene Dunny
idunny1@me.com

Adult Education Classes

RBCPC 100 - Wisdom for the Journey



Sundays, beginning Jan. 14 | 10:00-11:00 am
Fellowship Center

Instructor: Rev. Dr. Bob Lauer

Course Description:

Dr. Lauer will continue his in-depth study of Galatians, including the lyrical passage on the fruit of the Spirit. When the class has completed Galatians, they will turn to a study of the very first New Testament book to be written—1 Thessalonians—which has been called “living in the shadow of eternity.” You can begin attending this class at any time. Outlines are provided.



Rev. Dr. Bob Lauer
rjlauer76@gmail.com

RBCPC 100 - Study the Bible with Pastor Mofid



Wednesdays, beginning Jan. 4 | 10:00-11:00 am
Adult Choir Room

Instructor: Rev. Dr. Mofid Wasef

Course Description:

This class focuses on the cohesiveness of the Old and New Testaments as God’s continuous story. Or as Pastor Mofid says, “What is hidden in the Old Testament is revealed in the New Testament.”



Karan Selezinka
karan@rbpc.org

RBCPC 100 - Serendipity Women's Bible Study



Tuesdays, beginning Jan. 30 | 9:30-11:30 am
Upper Fireside

Instructor: Linda Allen

Main Text: Study Guide (\$7.00)

Course Description:

Come and renew your hope through a study of the book of Ephesians. Broken homes, shattered friendships, racial divisions, war between nations – we live in a fractured world. How can the pieces be put back together? In Ephesians Paul lifts the veil from the future to allow us to see God's plan to unite everyone and everything in Christ.



Linda Allen
lindainpoway@yahoo.com

RBCPC 100 - Quilting Basics & More



Tuesdays, beginning Jan. 9 | 6:45-8:30 pm
Skylight

Instructor: Kathy Wesley

Course Description:

Join us as we review the basics of quilting, enjoy the fellowship of others and complete quilts to be shared as part of the "Tied in Prayer" ministry. While a basic sewing knowledge is helpful, all skill levels are welcome. New projects are presented weekly, so join us at any time.



Kathy Wesley
katknits@cox.net

Adult Education Classes

RBCPC 100

Women's Community Bible Study (CBS)



Thursdays, beginning Jan. 11 | 9:15-11:15 am
Sanctuary

Course Description:

This non-denominational course of study is focusing this year on a 28-week study of Ezra, Nehemiah, Esther, Haggai, Zechariah, and Malachi. The class features a small group and lecture format. Programs are provided for preschool (2-5 years) and primary (grades 1-6) aged children. Nursery care is also available for infants to 24 months. There is a registration cost of \$10.00.



Annabelle Andrews: 760.789.3183
Online Registration: ranchobernardo.cbsclass.org

RBCPC 100

Men & Women's Community Bible Study (CBS)



Mondays, beginning Jan. 8 | 6:55-8:30 pm
Sanctuary (for men); Chapel (for women)

Course Description:

CBS provides a 30-week in-depth study this year of First and Second Corinthians to show that God's guidance for the early Christians is just as relevant for our lives today.



Gary Williams: gwpoway@me.com or 858.487.7124 (Men)
Wanda Insley: winsley50@aol.com or 858.395.1381 (Women)

RBCPC 100 Crosstalk Bible Study (for Men)



Fridays | 6:30-7:30 am
Lower Fireside

Course Description:

This class is an on-going men's Bible study that has met since 1982 and is comprised of men from all walks of life. Everyone is welcome. The class format features a brief lecture, in-depth discussion, and a time of fellowship following the class.



Ken Gerard: ken@kgerardlaw.com or 858.254.6318

RBCPC 100 Crosswalk Bible Study (for Women)



Thursdays, starting Jan. 11 | 10:00-11:30 am
Lower Fireside

Course Description:

This class, which encourages lively discussion and group participation, furnishes an in-depth look at the book of Hebrews and how it provides a wonderful way to see Jesus through the lens of the Old Testament.



Marty Klusmeier: 858.354.0735

COREGROUPS

AT RBCPC



Campus groups begin January 23 & 24 @ 6:30 PM

Contact:

Kathy Wesley core@rbpc.org or 760.781.5756

Core Groups

Core Groups are a place to connect, build relationships, and encourage each other on our individual spiritual journey. Core groups provide a safe place to share our faith, doubts, and concerns. Groups meet on campus and in homes on various days and times. Discussion typically follows the current sermon series; however, there are groups using a variety of video or book studies.

Introduction to Core Groups



Tuesday, Jan. 9 or Wednesday, Jan. 10 | 6:30 pm
High School Room (1/9) -or- Upper Fireside (1/10)

Just what are Core Groups and how do I get involved? Come find out more about Core Groups- what they are, how often they meet, what they study, and more. Several of our Core leaders will be there to share why they feel Core Groups are a key part of feeling connected at RBCPC.



Kathy Wesley, Core Coordinator
core@rbpc.org or 760.781.5756

More Opportunities @RBCPC

New Members Class



Check out the Upcoming Events page on our website for the next New Members Class date & time.

Are you looking for a new church home? Find your fit at RBCPC. Attend our New Members Class at a member's home with Pastor Bryan. Dinner is included.



Sheri Woodley
sheri@rbcpc.org

Wednesday Night Suppers



Every Wednesday in the Fellowship Center
\$7.50/person or \$20/family (2 adults, 2 children)

Enjoy a delicious meal, dessert, and fellowship with family and friends, new and old.

Men @RBCPC - Thursday Morning Men's Group



Thursdays, beginning Jan. 11 @ 6:00 am
Fellowship Center

All men are invited to attend this early morning group which focuses on supporting and encouraging men to study God's Word and to live out their faith each day. Various studies are covered throughout the year.



Pastor John Scholte
john@rbcpc.org or 858.444.7666



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